

# i-SAFE America Internet Safety Tips for Parents

## **Online predators are out there.**

They can infect your computer with viruses, they want to steal your personal information and possibly your identity, and they may be out to harm you or the people who use your computer.

i-SAFE America has created this list of helpful tips and reminders that can be used to help recognize these potentially hazardous situations and how to respond appropriately.

- **Have the family computer in an open area**—Never in your child's bedroom.
- **Respect your child's privacy**—Rather than “policing” your child's online behavior, keep the lines of communication open with your child. Talk to your child about online predators, identity theft, viruses, and other online dangers. Let them know that they can come to you if they ever find themselves in an uncomfortable situation.
- **Become a part of your child's online experience**—It can be a fun journey to explore the wonders of the Internet as a family. As computer-savvy as kids and teens are today, they may even teach you a thing or two!
- **When using e-mail, beware of opening unsolicited attachments**—Viruses, worms, and Trojan horses can be activated by unsuspecting e-mail users opening infected attachments to e-mail messages. Viruses can “spoof” the sender of the e-mail, making it look like someone you know sent the message. Use updated anti-virus scanning software regularly to monitor your computer.
- **Usernames and profiles can provide a wealth of personal information**—Ask your child about his or her online user name, profile, and downloading activities. Having too much information in user names and profiles can attract predators. Examples of dangerous user names are *surfergirl15* or *hiphopboy14*. We suggest creating a family profile—not an individual profile for your child.
- **Know intellectual property and copyright regulations**—Downloading music and movies is illegal and can result in lawsuits and heavy fines against parents. If your child is using file-sharing programs for downloading music, it can also open up your computer to identity thieves by giving access to your personal information. Talk to your child about the consequences of this type of behavior, emphasizing that intellectual property theft is a crime, not just an inconvenience.
- **Learn about the Internet**—The more you know about how the Internet works, the more you can be informed about how online predators and identity thieves work and what you can do to stop them.
- **Get involved with i-SAFE America**—Make a difference! Talk to other parents about online hazards, and help raise Internet safety awareness by joining an i-SAFE Community Action Team.

## Remember the 4 R's

**RECOGNIZE** techniques used by online predators to deceive their victims.

**REFUSE** requests for personal information.

**RESPOND** assertively if you are ever in an uncomfortable situation while online. Exit the program, log off or turn off the computer, and notify your Internet Service Provider or local law enforcement.

**REPORT**, to law enforcement authorities, any suspicious or dangerous contact that makes you or your child feel uncomfortable.